

FC Seasoned Shredded Chicken Breast

Code	Case Pack	Storage Method	Net Weight
40862	5/6 oz	Frozen	30lb



Preparation Instructions:

Place bag into a pot of boiling water and heat until internal temperature reaches 165°F.

Nutrition Facts					
Serving Size: 3.6 oz					
Amount Per Serving					
Calories 120	Calories from Fat 25				
	% Daily Value*				
Total Fat 2.5g	4%				
Saturated Fat 0.5g	3%				
Trans Fat Og					
Cholesterol 65mg	22%				
Sodium 850mg	35%				
Total Carbohydrate 1g	0%				
Dietary Fiber Og	0%				
Sugars Og					
Protein 21g					
Vitamin A 0%	Vitamin C 0%				
Calcium 0% Iron 2					
* Percent Daily Values are based on a 2,000 calorie diet.					

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7	9	63

Ingredients: Shredded Chicken Marinated with up to a 3% Solution of: Salt, Monosodium Glutamate, Sugar, Spices, Paprika.